

Counselling Services opens new facility

Frog Lake Counselling Services welcomed a large number of special guests and community members to last Friday's Grand Opening of their handsome new facility, conveniently located near the Band Office and the health care facility.

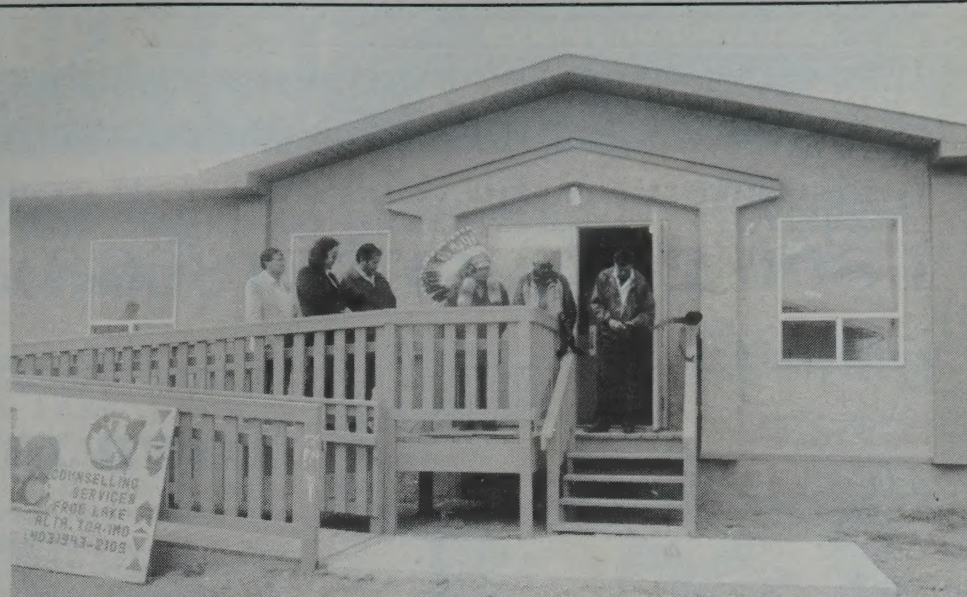
In his welcoming address, Frog Lake Chief Thomas Abraham noted that this is the third building provided by Health and Welfare Canada's Medical Services division, the first being the health care centre and the second the Puskeyakewin After Care

Centre, during his six years as Chief.

Leo Sasakamoose of Medical Services was declared an Honorary Chief of the Frog Lake First Nation, and was presented with a feather headdress during a moving ceremony by Elder Jim Kanepitehew, who gave him a Cree name meaning "The Morning Sun." The new Honorary Chief was saluted with an honor song.

Sasakamoose said that while he was very honored by the unexpected distinction, he

(Continued on Page 12)



COUNSELLING SERVICES OFFICE OPENED - William Singer (right) cut the scarlet ribbon to officially open the new facility, with (left to right) Raymond Quinney, Roland Quinney, Chief Thomas Abraham, Honorary Chief Leo Sasakamoose and Elder Jim Kanipitehew taking part in the ceremony.

The Elk Point



REVIEW

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Tuesday, Oct. 5, 1993

PREVENT



PRIDE OF THE PATCH! - The Bicentennial may be over, but the urge to grow giant pumpkins has stayed with at least one Elk Point family. Barb and Bill Milholland hauled this beauty to the Smoky Lake Pumpkin Festival, where it weighed in at a healthy 79 pounds. While this was far smaller than the almost-350-pound winner from Saskatchewan, it was still a very fine entry and will make more pies, cakes and other goodies than we want to think about.

Town meets with Alberta Power reps

Elk Point Town Council was introduced to Alberta Power's new Manager, Tom Bates, at last Monday's regular meeting. Bates gave Council an update on the Alberta Electrical Energy Marketing Act review, which has apparently come to at least a temporary halt without any decision being reached.

Ashton Sewlal, Alberta Power's Supervisor of Consumer Services at their Bonnyville office, was also in attendance and brought information on a new computerized meter reading system which is adaptable for water and gas utilities and would enable all meters in town to be read without going out of the office. He invited Council members attending the Alberta Urban Municipalities Association convention in Calgary to visit the Alberta Power booth to see one of these units in action. Installation of this system would save numerous person-hours.

Councillor Vern King reported on the Heritage Regions meeting he attended in LacLaBiche, and said he feels

there are exciting possibilities for such a program. Operated by Heritage Canada, the program attempts to assist areas to preserve their heritage and use it to enhance their economy. "There are opportunities here, to work with neighboring communities and have something good come out of it." One possibility is the establishment of a one day tour, while others include the promotion of existing industries, such as our local salt plant. Another meeting is planned for November 18, and King hopes to be accompanied by representatives of other community groups. Deputy Mayor Lawrence Pidluzny, who chaired the meeting in the absence of Mayor Ed Buck, noted that the Bicentennial final report and the Northern Mayors' Caucus Tourism Product Study could provide a wealth of information for this new project.

A request for funding from the Seniors Transportation Grant was considered, and Council wondered if all seniors groups - Heritage Lodge, Fort George Manor

and Buckingham House, and the Pioneer Circle Society - were aware of its availability and the procedure involved to obtain funds. These groups will be informed of the guidelines and asked to submit proposals if they are interested in obtaining a portion of this grant to fund transportation.

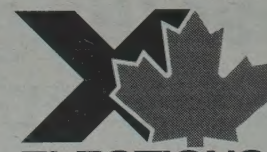
Morris Cooper was approved as a new member for the Elk Point Public Library Board.

Councillors Dan Povashuk and Mae Hendrickson were appointed to represent the Town at the Community Tourism Action Plan review meeting. Use of Council chambers for the meeting was also approved.

Discussion of reverting to the original concept of a separate management board for Fort George Manor and Buckingham House seniors residences was brought to Council. If this was done, Heritage Lodge would remain under the management of the MD of St. Paul Foundation. However, fragmentation and the diffi-

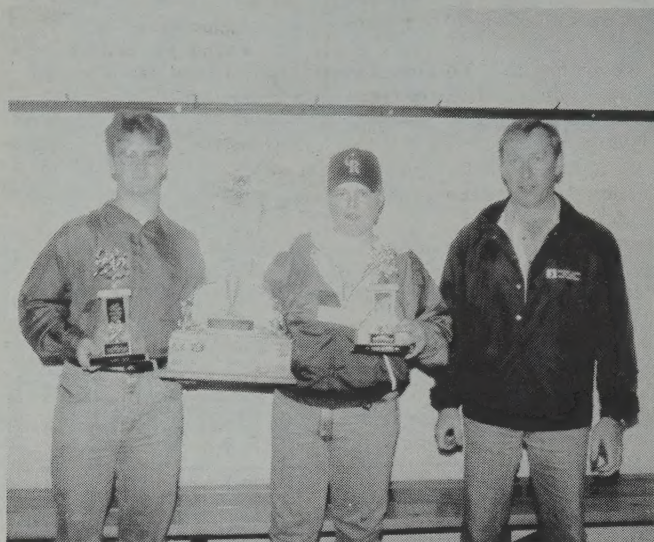
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If you have not received a personally-addressed card from Elections Canada confirming your registration on the voters list, call now at
1 800 267-VOTE (8683).



**ELECTIONS
CANADA**

*The non-partisan agency responsible
for the conduct of federal elections*



ALEX KURASH AWARD WINNERS - Included in the activities at Saturday's registration day for hockey and figure skating at A. G. Ross Arena was a presentation left over from the 1992-93 hockey season. The Alex Kurash Award for the most improved peeewee hockey players was presented by Doug Callbeck to James Yake (left) and Craig Hutton.

Town meets Alberta Power

(Continued from Front Page)

culty of getting board members were seen as problems for the move. The item was tabled for discussion at a future meeting.

Elk Point Pioneer Circle received a vote of thanks for their kind donation of \$2000 to the Town. The Town has not charged the Circle for snow removal or sanding of their Seniors Centre parking lot, and this was appreciated by the seniors.

The Town's mail also contained a discouraging word: \$6073.67 must be refunded to several taxpayers, whose property assessments were changed by the Assessment Appeal Board. Council has serious concerns with a number of aspects regarding the general assessment, from the original cost to the numbers of

errors and appeals, and agreed to list these in a letter, with a copy sent to the Minister of Municipal Affairs, inviting the department to send representation to a Council meeting in November to discuss these shortcomings.

Heinsburg Community Club

BINGO

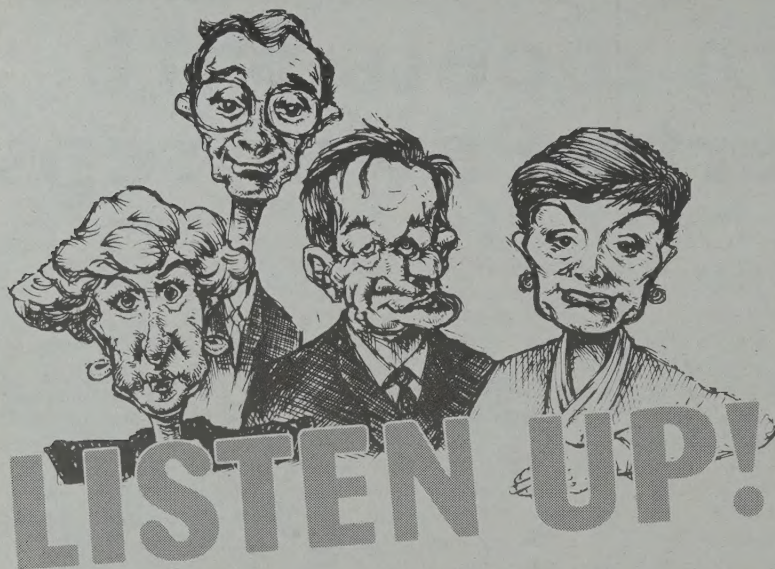
Starts October 6, 1993

Doors open at 6:00 p.m.

Bonanza Precall 6:45 p.m.

Lucky 7 -- 24 numbers -- \$673.00

Jackpot -- 54 numbers -- \$850.00



**1 in 7 Canadians
has a disability**

**80% are unemployed
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Your community includes people with disabilities.

But, there are barriers to full participation for many people with disabilities — barriers that need to be addressed by the next federal government.

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or T.D.D. 1-488-9090

ACCD, 707, 10339-124 Street, Edmonton, Alberta T5N 3W1

Featuring: **LATIGO.****OCTOBERFEST:**

Everyone welcome.

Saturday, October 9, 1993,

8:00 p.m. A.G. Ross Arena.

**What's Happening At
COMMUNITY SERVICES**

Be at the Community Services Centre on Wednesday, October 6 to look at some of the challenges we face as parents. This workshop will help you understand and communicate with your children more effectively. Topics to be discussed include: self-esteem, discipline, communication, conflict resolution / problem solving and more. Be sure to join us between 7 and 9 p.m. at the Community Services Centre. Cost of the workshop is \$2.50. Call 724-3800 to register or for more information.

ELECTIONS

Federal election balloting will be held at the Community Services Centre on Monday, October 25. The Elks Community Van will be available to transport anyone in need of a ride to and from the polling station. Call 724-3800 for more information.

**JACK AND JILL
PLAYSCHOOL**

The Parent Advisory Group would like to welcome all Playschool parents to the Parent Advisory Group meetings. The meetings will be held the second last Thursday of each month at 3:30 p.m. in the Playschool room. Please feel free to bring Playschool children and siblings to the meetings if you cannot make other arrangements.

One of the Parent Advisory Group's goals this year is to fundraise. Our Playschool program is in great need of funds to purchase new toys, books, and other audiovisual aids such as tapes, videotapes, etc. Anyone in the community who has toys or books that Playschool could benefit from and who would wish to donate them to our cause, would be greatly appreciated. We will require parent involvement and new ideas in order that our fundraising will be successful. Also a committee has recently been formed and is already in the process of applying for "society status" for Playschool. Becoming a "society" will enable us to have bingos and raffles in the near future. If and when we do have bingos and raffles, we will need the cooperation of the entire Playschool parent body.

Please make the Playschool program a part of your busy schedule. Your participation and input is of great importance to not only your child but the overall success of our Playschool program.

**HOW TO DIE YOUNG,
BUT AS LATE AS
POSSIBLE**

When comedian George Burns said "You can't help getting older, but you don't have to get old," he must have been talking about active living!

Enjoy a variety of activities that work on three important components of fitness.

Suppleness - activities that involve bending, stretching and moving your joints, including gardening, yoga, tai-chi, stretching exercises, dancing, sailing and golf.

Strength - muscular activities such as lifting or carrying groceries, gardening, yardwork, pulling a sled, pushing a baby carriage, fitness classes, calisthenics and tennis.

Stamina - continuous activities such as brisk walking, cycling, swimming, skating, cross-country skiing and dancing.

Here are some of the benefits of staying active as you get older:

- It improves circulation and lowers the risk of heart disease.

- It aids digestion and helps prevent constipation.

- It helps you relax and sleep better.

- It helps you manage your weight.

- It gives you energy, mobility and greater independence.

"Active living can give you fitness gains equivalent to taking 10 to 15 years off your age." - Dr. Roy Shephard, University of Toronto professor and author of 'Fit After Fifty: Feel Better, Live Longer.'

**ELK POINT
CHILD CARE SERVICES
HELPS CHILD CARE
WORK WELL**

When family day care works well, it allows you to pursue your occupation, education or other interests confident that your child is well cared for in a healthy, safe and nurturing environment.

If you have any questions about choosing child care or about child care subsidies, please feel free to contact Deanna Easthope, Coordinator at 724-3933 or at the Community Services Office on Fridays at 724-3800.

UPCOMING EVENTS

October 5 - Alcohol and Other Problems: An Overview, at AADAC in St. Paul;

**Challenges of parenting
workshop tomorrow night**

\$10; call 645-6346.

October 9 - Octoberfest at the A.G. Ross Arena in Elk Point, all proceeds to the A.G. Ross Operating Committee. For more information contact Kevin Bjornstad at 724-3696.

October 14 and 15 - Working With Chemically Addicted Families at AADAC, St. Paul; \$10; call 645-6346.

October 20 - Blended Families / Single Parenting Workshop from 9 to 9 p.m. at the Community Services Centre, \$2.50, call 724-3800.

November 3 - Northeastern Alberta Adult Education Conference, "Re-Charge Your Batteries," Provincial Building, St. Paul. \$35, \$40 after October 15. Call 645-4099.

November 4 - The Dynamics of Caregiving Work-

shop, 9:00 to 11:30 a.m. at the Provincial Building, Vermilion. \$5. Call 853-5270 to register.

November 25 - "No Time To Spare" Dinner Theatre featuring the Second Edition Players. St. Paul Senior Citizens Centre. \$15 for general public, \$13 for seniors 60 and over. Call 645-1950.

TIDBITS

If you want to see eye to eye... Try using your ears.

- Anonymous

We make a living by what we get, but we make a life by what we give.

- Anonymous

When you make a mistake, don't look back at it long. Take the reason of the thing into your mind and then look forward. Mistakes are lessons in wisdom. The past cannot be changed, the future is yet in your power.

- Anonymous

**Winter barrel
series is now
underway**

Elk Point's Winter Barrel Racing Series is now underway, with good turnouts at both the September 18 and October 2 meets.

Results for September 18 were: **Pee wee:** 1. Cherry Kit, 2. Carla Waltz, 3. Crystal Carter; **Junior, 16 and Under:** 1. Pam Veer, 2. Erica Nielsen, 3. Cherry Kit; **Beginner Novice Rider:** Trina Lofthaug, 2. Debbie Joly, 3. Trina Lofthaug; **Novice Horse:** 1. Lesley Pohl, 2. Barb Bosh, 3. Shona Hummel, 4. Debbie Joly; **Open Barrels:** 1. Joan Hager, 2. Janice Waltz, 3. Joan Unger, 4. Marty Keichinger; **Pole Bending:** 1. Joan Unger, 2. Jodi Pobuda, 3. Erica Nielsen, 4. Tanya Kenyon.

Winners on October 2 were: **Pee wees:** 1. Mak Pobuda, 2. Crystal Carter, 3. Carla Waltz; **J Junior:** 1. Pam Veer, 2. Jodi Pobuda; **Beginner Novice Rider:** 1. Debbie Joly, 2. Trina Lofthaug; **Novice Horse:** 1. Charman Franz, 2. Debbie Joly, 3. Janice Waltz, 4. Josie Veer; **Open Barrels:** 1. Crystal Shaw, 2. Joan Unger, 3. Janice Waltz, 4. Terry Reum; **Pole Bending:** 1. Jodi Pobuda, 2. Stacy Yatowski, 3. Lori McKay, 4. Judy Veer.

Please note that the number of places paid depends on the number of entrants in the section.

Next meet will be October 16 at 1 p.m. Participants and spectators welcome.

**Fire
Prevention
Week** OCTOBER 3-9, 1993**Roofing**

- Asphalt Reroofing
- Venting & Flashing
- Soffit, Fascia & Eavestroughing

- ☒ Priced right
- ☒ Installed right
- ☒ Guaranteed right

**Ladies' Night Out****October 23, 1993**ELK POINT ELKS HALL
Fashions by JEANNINE'SElk Point, Alberta
Cocktails 6:00 p.m., Dinner 6:30 p.m.
Cash Bar

Advance Tickets Only — Available through October 16 at

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or at Stedmans, St. Paul****STEDMANS STORES****Thanksgiving Specials****15% Off**

Infants to Adults

Fall & Winter Outerwear**Note: Excluding Boots, Mitts, Scarves & Toques.**

Sale runs Friday & Saturday, October 8 & 9

Stedmans will also be featuring

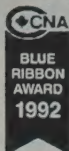
**Weekly Specials of
20% off a rack of clothing**

This rack will be different each week.

The Elk Point REVIEW

Highway 41 and 50th Ave., Elk Point

Second Class Mail Registration Number 6365



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ADVERTISING DEADLINE

Classified Section - 12:00 noon Friday
PHONE 724-4087

Display Ads - 12:00 noon Friday
FAX 724-4211

Affiliated Member of the Alberta Weekly Newspaper Association, Canadian Community Newspapers Association

Editorial



Forget the old song - this is no week to have home fires burning - at all!

Fire Prevention Week is the annual attempt to make Albertans aware of the havoc fire can wreak in our lives. In 1991 alone, just under 8100 fires resulted in 50 deaths, 345 injuries and almost \$117 million in losses. Of these, one quarter of the number were home fires, which killed 33 persons and injured another 198.

Cooking accidents were responsible for almost a third of the home fires, while smoking contributed another eleven percent and home heating another ten and a half. More than half of the cooking fires involved overheated cooking oil catching fire in pots or pans heated on the stove. Isn't that a good enough reason to buy a proper deepfryer? Frying pans can and will catch fire as well, but are nowhere near as likely to do so if you keep a lid on them.

Smoking is hazardous to your health in more ways than inhaling. Every year homes go up in smoke because someone has fallen asleep with a cigarette, or a cigarette has fallen out of an ashtray onto a flammable surface. If you must smoke, do so only when you are wide awake and sitting or standing up. Use big ashtrays and do not leave cigarettes in them unattended. And DON'T dump your ashtray in the garbage before you go to bed - you could be rudely awakened by the howl of the smoke alarm, or even worse, you might never wake up again.

While the report did not specify the problems resulting from home heating, chimney fires must be high on the list. Those who burn wood, whether in fireplaces or wood stoves, must be aware of the necessity of keeping chimneys clean so a hot fire will not set the creosote buildup on fire. Also, be sure to keep flammable materials well back from the stove or fireplace.

Fires caused by children playing with matches or lighters are way down the list, but they are often the most tragic of all, with young lives lost due to the inquisitive nature of children. Please keep these items well out of reach, for safety's sake.

This week is a good time to take a look around your home and see what hazards you can spot. Learn not to burn.

Whose life is it anyways?

Following the announcement in the CBC news this morning (Sept. 30) that five out of the nine supposedly intelligent judges who have been mediating on how best to play God in the case of the Sue Rodriguez appeal for help, have voted to deny her this consideration, I am not really surprised. In my opinion, they had no business being involved in the first place; the question should have been completely private, between this dying woman and her doctor. If she asked for this help and he refused, then she should have every right to try to find someone who would assist her in her time of need...and certainly not have to go to some far distant political appointee, who has nothing to do with her case, and knows nothing of her needs and feelings, to ask their permission to die when she can no longer bear the burden of her pain-filled life.

How can it possibly be anyone's business but her own? If she were hungry, and asked for a sandwich, no doubt someone would cheerfully hand her one. If she has a wrinkle in her sheets, I'm sure some nurse will dash over and smooth it for her. But no, the thoughtless woman, she has the nerve to be in terrible pain and discomfort, bedridden and helpless. Shame on her! Not a criminal, deserving of punishment and suffering, but an ordinary human being in need of compassion and release (at her own request) from the misery of her pain.

Should the doctors help her with this? (At a price, of course!) No. No, say the judges - who know little or nothing of the pain she endures - No, say the judges, WE know what's best for you. After all we have been appointed to mind your business for you, to tell you if you should live on in agony, or die decently, at your own request. After all, we are gods - er, judges, and we know ALL.

It would be different if they

were deciding that this poor ill woman should then become well. They cannot. All they can do is prolong her misery, pain and discomfort. I can only hope that each and every one of those five, who voted to prolong a human's suffering needlessly and against that person's will, will fall prey to some equally painful and humiliating ailment... and not find surcease.

I don't blame the doctors. I'm sure they have been helping the dreadfully ill to slide over the hill for ages, with no permission asked, or, if the patient is too ill to indicate, then a nod from a stress-torn relative.

All my life, I've known people - decent, law abiding, caring - who would not dream of keeping an animal alive and suffering, if it were too ill or injured to recover. Every farmer has to (sometime) kill a cow with a broken leg, a dog or cat torn by machinery, even a deer run into on the road. A quick shot to the head or heart brings death - but in

Alberta Trails

By Irene Magnusson



stantly, not long, drawn out with dreadful pain and no hope of recovery. In fact, if they didn't put the creature "out of its misery," they would be considered pretty poor quality, and not fit to have a pet, or other livestock.

Even an expensive race horse is shot on the spot, if he breaks a leg - not because the broken leg will cause death, but because he will be 'worthless' and in pain. Surely a human deserves the consideration an animal receives?

Well, I hope Ms Rodriguez finds a way to do what she wishes done, despite the interference by our country's judges. Maybe her plight will urge more of us to make plans and arrangements well ahead of time, so that, not if but when, the time comes, we will be prepared for a do-it-yourself exit, if we so desire. I surely don't want my final endurance test contingent on the rulings of some mind-my-business judges I've no use for.



LEGION DONATES TO SCOUTS - Elk Point Royal Canadian Legion President Louis Verhagen recently presented Elk Point Scouting Association President Tim Zarowny with a \$250 donation toward the facility the Association is currently building at Scout Hill. Zarowny said fundraising is going well toward the outdoor shelter, and the goal is in sight.

The Elk Point Senior Elks will be holding a

General Hockey Meeting - Sunday, October 10, 1993 -- Empress Restaurant

ALL INTERESTED PLAYERS AND PERSONS PLEASE ATTEND.

That's the spirit!

It's Miller time! F.G. Miller High School, that is, as the school's Students' Union and the sports teams swing into action for another year.

A giant pep rally was held Friday morning, introducing the newly elected Student's Union executive and the yearbook committee, as well as the members of the various teams.

Coach Jim Hawkins introduced the golf teams. The Senior Boys, Danny Flett, Robin Moroziuk, Jonathan Kadutski, Mark Woytkiw and Justin Conrad, placed second at Zone playoffs, while the Senior Girls, Charlene Anderson, Amy Hawkins, Jennifer Jasinsky and Renee Anderson, won the zone and went on to win bronze at last weekend's Provincial Tournament.

Randall Kryz introduced Elk Point's contribution to the St. Paul Lions football team: Jason Morris, Jason Pankiw, Jason Goulet, Cody Lawrence and Tyson Lawrence.

Coaches and players on the school's six volleyball teams were also introduced. This year, F.G. Miller will be represented by not only Senior and Junior High girls'

and boys' teams, but also by Grade 7 teams. Both Senior High teams and the Grade 7 girls were heading for their first competition of the year this past weekend. Watch for further details.

Coach Dalayne Huber introduced her squad of 55 cross-country runners, and said that both her Junior and Senior teams came in third of ten teams. She gave special mention to those who placed high in their categories - Joni Matthews, Erica Nielsen, Jeff Dunlop, and Billy Cardinal, all of whom placed first, Sam Paul, Sandra Garneau and Charles Sparklingeyes who placed second, and Sheana Kinneberg, who placed third. Most of the 55 placed in the top ten of their categories.

Mr. Kryz offered a school song, while the Students Union led a few other cheers.

Prizes were presented for a recent contest, spearheaded by the newly formed F.G. Miller Spirit Committee, a group of parents, teachers and students who have joined together to instill school spirit and put positive attitudes back into the school.

Their first project was a banner contest, with students

asked to design a banner displaying the Crusader name.

First prize, and Atlanta Braves t-shirt donated by Jorvik Machine Tool and Welding, was won by Joni Matthews. Second prize, a Florida Marlins t-shirt, donated by Poitras PortaWelding Ltd. was won by Travis Hymanyk.

These designs will be used to create banners and t-shirts for the school, so watch for the creations of our local designers! (Continued on Page 8)



SENIOR HIGH EXECUTIVE - Among those recently elected to the F. G. Miller High School Students' Union Senior High Executive are (back, left to right) Colleen Rupchan, social convenor, Sheana Kinneberg, sports convenor, Dale Pinder, president, (front, left to right) Jason Goulet, social convenor, Justin Conrad, sports convenor and Jeff Lypka, vice president. Missing from photo are Cheryl Gervais, secretary, Travis Pankiw, publicity, and Jay Yerama, treasurer.



JUNIOR HIGH EXECUTIVE - The Junior High Students' Union Executive consists of (front, left to right) Erica Nielsen, social convenor, Joni Matthews and Raegan Croteau, publicity, Donna Pinder, sports convenor, (back row, left to right) Shaun Moroziuk, president, Aaron Grosseth, social convenor, Marcel Jenkins, sports convenor and Conway Roscoe, vice president. Missing are Carrie Baumgardner, secretary and David Naber, treasurer.



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Canada Savings Bonds also offer a competitive rate of return. This year's interest rate and purchase limit will be announced in mid-October.

The sales period is from Monday, October 18 to Monday, November 1. You may date your payment November 1,

the day your new bonds start earning

interest. But remember, the

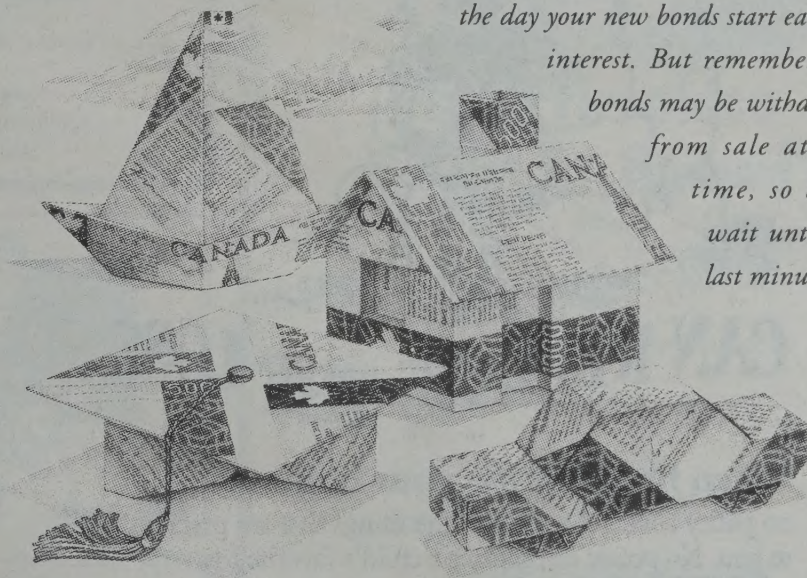
bonds may be withdrawn

from sale at any

time, so don't

wait until the

last minute.



Build Your  Dreams With

CANADA SAVINGS BONDS

BUY YOURS FROM OCT. 18 TO NOV. 1

Complete details are available wherever Canada Savings Bonds are sold.

Canada

Get out, stay out: your fire safe response

Most people don't realize how fast a fire can spread. The fictional re-creations of fires we see in movies and TV

shows lead us to falsely believe that flames will move at an even pace and that there is ample time to investigate

where the fire is, fight the fire, get dressed, gather valuables or make a phone call to the fire department. But in real fire situations, every second counts. Your best fire safe response is to get out immediately and stay out.

During this year's Fire Prevention Week, observed throughout North America Between October 3-9, the fire service will promote the theme: "Get Out, Stay Out: Your Fire Safe Response".

The campaign theme sounds the alarm that thousands of North Americans die in fires every year — the majority in their own homes. Approximately 400 people in Canada, and 34 in Alberta, die every year in home fires. Many of these people would have lived had they received an early warning from a smoke alarm, gotten out immediately and stayed out. Instead, poisonous gases in the smoke killed some, while others received

fatal burns. Still others were trapped in burning homes because they were children or seniors unable to escape.

Consider the following tips and act on them now so you and your family don't become a fire statistic.

Smoke Alarms

— Smoke alarms can provide an early warning sign of fire. Since September, 1992, Alberta law requires smoke alarms in every home.

— For best protection, install and maintain smoke alarms. Ensure the alarms you purchase have a testing laboratory label — Underwriters' Laboratories of Canada (ULC) or Canadian Standard's Association (CSA). Place one outside each sleeping area and at least one on every level of your home.

— Smoke alarms can't protect you if they aren't working properly. Units that have no power will not work. In battery-operated models, change the batteries at least once a year.

— Test smoke alarms once a month by drifting smoke from a just blown out candle to see if they sound the alarm. Some older units may not work even if they have an adequate electrical power supply. These worn-out units must be replaced immediately.

Plan

— Plan and practice a fire escape plan so you and your family know what to do if a fire ever happens in your home.

— Draw up a floor plan of your home. Mark at least two exits from each room. One will

be your main route; the other will be an alternate route, in case the main one is blocked by fire or thick smoke.

— Consider the limitations of small children and disabled people in your fire escape plan. Teach small children **NOT** to hide under the bed or in closets during a fire.

— Escape routes such as windows, stairways and hallways must be kept clear and windows should open readily. Teach children that it's okay to break a window during an emergency. A blanket placed over the sill may prevent cuts from broken glass. Rope or chain ladders for upstairs windows could save a life if an exit is blocked.

— Decide on a place outside for everyone to meet. The spot should be far enough away from the house to be safe from the fire. Share your escape plan with overnight visitors and baby-sitters.

Practice

— Hold fire drills at least once a year. Include the entire household. To start the drill, have everyone in their bedrooms. Keep doors closed or open, whichever you normally do at night. Sound the alarm by having one person shout or push the test button on the smoke alarm.

— Roll out of bed and crawl to the door (in a smoke-filled room, air near the floor is fresher). Open the door slowly and cautiously. If there is fire or smoke, use another exit. Meet outside at your pre-arranged spot. Never stop to retrieve valuables and do not re-enter a burning building.

— Review the procedure for calling the fire department. One person should be designated to make the call from a neighbor's house.

— A little time spent on home fire drills may save lives if fire ever strikes your home.



Fire Prevention Week, October 3 - 9, 1993

The Mayor and Council of

The Town of Elk Point Salutes
Fire Chief Ken Palamarek

and the
Elk Point Volunteer Fire Dept.

For their continued and unceasing efforts to provide the citizens of Elk Point and District with fire protection and rescue service. Your contribution to the community's safety is much appreciated — keep up the good work! Your ongoing efforts are very much appreciated.



When fire destroys your home . . .

no policy covers the value of the things that are precious to you. No policy can replace a child's favorite toy, a family photo album — or a life.

**THE ONLY REAL FIRE PROTECTION
IS FIRE PREVENTION!**

Fire Prevention Week October 3 to 9, 1993

**ELK POINT INSURANCE
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Phone 724-3926, Elk Point, Alta.

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THE WORD ON
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Firefighters

What would you do without them?

Fires happen to other people; at least that's what we all like to think! But fire can happen to you and when it does, it's a frightening experience. Your first thought, after everyone's safety, is to get help — but what if the fire department weren't there?

Imagine your home or place of business in flames, without professional firefighters to the rescue. Fortunately, they are there, not only to answer the call for help but also to teach you about fire prevention. Get acquainted with your local fire department.

Team Graphics Inc.

St. Paul Journal / Elk Point Review
Phone: 403/645-3342 Phone: 403/724-4087
Fax: 403/645-2346 Fax: 403/724-4211

Two Hills County Journal
Phone: 403/657-3586

Fire Prevention Week - October 3 to 9



ELK POINT VOLUNTEER FIRE DEPARTMENT - With a roster of more than 20 members, the Elk Point Volunteer Fire Department stands ready, 24 hours a day, 7 days a week, 52 weeks a year to serve their own community and the surrounding areas with fire protection and rescue service. A big bouquet to Fire Chief Ken Palamarek and his dedicated men for their ongoing efforts on our behalf.

Much more than just volunteers

Not many volunteer jobs entail putting your life on the line, and very few require you to be ready to go at a moment's notice, whether it's 3 a.m. or in the middle of Christmas dinner. Most volunteers don't have to wear hot rubberized suits, hold on to high pressure water hoses, or cut vehicles apart to extricate accident victims. Let's face it - most volunteers just don't want to do these sorts of things in their spare time.

Fortunately for us all, some do.

The twenty-plus members of the Elk Point Volunteer Fire Department are very special and dedicated people, who are willing to take on these challenging and difficult tasks, in order to provide fire protection for our community. They give up their Monday evenings to attend weekly practices, they attend training courses to increase their skills, and they fundraise for needed equipment, all the way up to the handsome and well equipped Rescue Van which they are proud to have in their fire hall.

Thanks, firefighters. You do a great job.

STOP FIRES BEFORE THEY START!

Think Fire Safety

BYERS
TRANSPORT LIMITED

ALAN PIESINGER, Terminal Manager

Bus. (403) 724-3655

Box 261
Elk Point, Alberta
T0A 1A0

Bumper to Bumper

Salutes the Firemen

Thanking them for their voluntary services which are greatly appreciated.



Fire Prevention Week

October 3 to October 9, 1993

Don't burn it up!

Paint it up!

Fix those dents!

**DENNY'S
AUTO BODY**



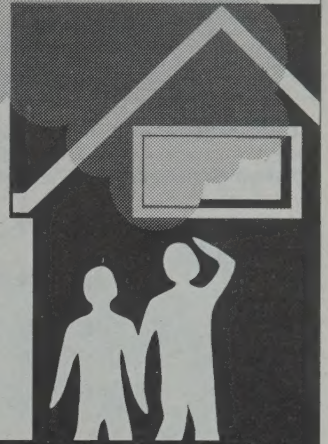
Always carry a fire extinguisher in your old clunker and you will still be able to take it in to Denny and he will fix it like new!!!

Get Out, Stay Out... Your Fire Safe Response.

When your smoke alarm sounds, get out of the house as quickly as possible. Once you're out, stay out.

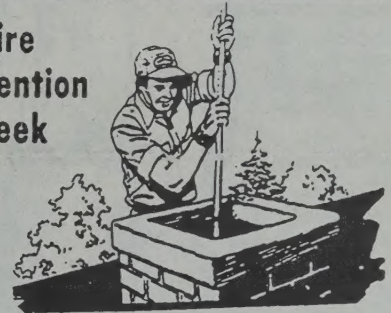
Remember, even when you can't see flames, an invisible killer waits inside. Deadly smoke and fumes are responsible for 8 out of 10 fire deaths. Stay out and stay alive.

Alberta
LABOUR
Fire Commissioner's Office



Fire Prevention Week October 3-9, 1993

Fire Prevention Week



Your Fireplace Haven or Hazard?

A haven of warmth and good fellowship, your fireplace can become a real hazard to your home and loved ones.

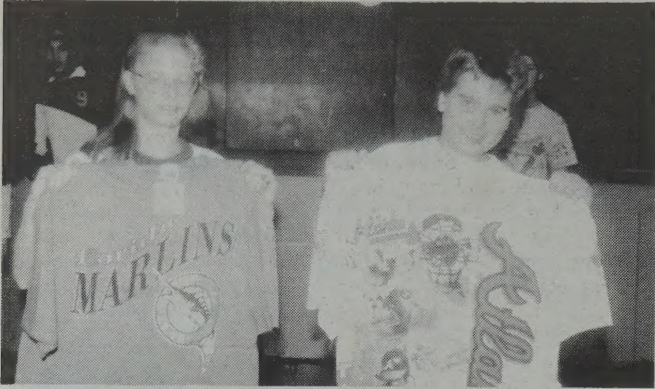
- Inspect chimneys regularly for soot build up.
- Make sure draughts are working properly.
- Use a good fire screen.
- If in doubt, call in an expert for advice.



**THE CANADIAN
SALT CO. LTD.**

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More from F.G. Miller High



BEGINNING A BANNER YEAR - Joni Matthews and Travis Hymanyk won prizes from Jorvik Machine Tool and Poitras Porta Welding for their designs for the school's new banner and pennant.



OUR SHARE OF THE LIONS - FGM's pride of Lions includes (front, left to right) Jason Goulet, Tyson Lawrence, assistant coach Randall Kryns, (back row, left to right) Jason Morris, Jason Pankiw and Cody Lawrence.



GOLF TEAMS - F.G. Miller's golf team includes the Zone winning girls, who went on to claim bronze in provincials (front, left to right): Jennifer Jasinsky, Charlene Anderson, Amy Hawkins and Renee Anderson, and the boys, who came second at zone level: Justin Conrad, Mark Woytkiw, Robin Moroziuk, Jonathan Kadutski and Jay Yerama.



A MOMENT IN TIME - F.G. Miller's Grade 7 students were busy sealing up a time capsule to be opened at their graduation six long years from now, as the century draws to a close in 1999. In spite of education funding cutbacks, this group looks pretty cheerful about the prospects for their high school years.

LIQUIDATORS FOR BANKS, RECEIVERS & INSURANCE CO'S.

CASH PURCHASE	61-Key ELECTRIC KEYBOARD	Brand Name CHOCOLATE CHIP COOKIES	Top Quality AIR PURIFIER & IONIZER	Solar Powered SECURITY SYSTEM	CASH PURCHASE
	Brand name quality. Features 20 pre-set instruments and 15 pre-set rhythms. AC adapter included.	Chocolate chip snaps. Mini-size 250 g bag	Cleans air of dust, dirt, pollen, bacteria and smoke particles. Large surface carbon filter helps eliminate odours and revitalize the air in your home.	Wireless, remote system features high tech, passive infrared motion detector. Perfect for home or garage.	
AUCTION	159⁹⁹ Optional stand 12.99	89^c	54⁹⁹ 84.88	39⁹⁹ 129.00	AUCTION
	100's to choose from SILK FLOWERS	Slightly Sub BRAND NAME TOWELS	Brand Name AIR HUMIDIFIERS	Microwavable READY MADE LUNCHES	
CONSIGNMENT	Create a bouquet from a huge selection including roses, carnations, lilies, fuchsias. They're all half-price by the stem.	Now liquidating a large selection of towels. Assorted colors Finger Tip..... 1 49 Hand Towels..... 2 49 Bath Towels..... 3 99 Bath Sheets..... 9 99	Features CLEAN MIST water sterilization for pure, clean humidification. Quiet operation. Ideal for nurseries. 2 gal. 39⁹⁹ 79.88 3 gal. 49⁹⁹ 89.88	Pop them in the microwave or boil them in the bag. Choose from lasagna, spaghetti, stew, cabbage rolls and more! 1 29 to 2 29 each	CONSIGNMENT
	50% off				

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THURS. - FRI. 10-9
SATURDAY 9-5
SUNDAY 12-5

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• CONSIGNMENT •



WHAT'S NEWS AT THE LIBRARY?

Region 2 ACA meets in Fort McMurray

Irene Magnusson
Alberta Council On Aging

Board members and others of the Alberta Council on Aging, Region 2, gathered at the Seniors' Activity Centre in the beautiful northern city of Fort McMurray, Tuesday, September 14, 1993, with a fair turnout.

A warm welcome and greetings were brought to the group by the city's Mayor Guy Boutillier, as the meeting opened in the morning. In Mr. Ed Gordon's opening remarks, he thanked the twin giants of the area, Suncor and Syncrude, for the delicious supper served to members and guests in the Centre the evening before, much appreciated by those coming long distances.

A lively and humorous gentleman, Adam W. Germain, Q.C., and MLA for the area, captured attention with his dissertations and opinions on the planning of Wills and Financial Arrangements for the elderly. Several points were touched on which many of us hadn't considered before, and we were left with the reminder that, when dealing with lawyers, we should always ask (like that TV commercial) "How much?" Mr. Germain's talk included Wills (how to); Estates (what comprised of); Joint Accounts; 'Living Wills'; Power of Attorney and other points. He left us a leaflet of further information and food for thought.

An interpretation of "Wellness for Seniors" (translation - Lifestyle Services), followed, brought to us by Joanna Die-drich of Keyano College, and was possibly the most important message of the day. She pointed out that exercise may well be the most needed 'medicine' required to keep the elderly alive and kicking. Without sufficient exercise, our system loses its flexibility and resistance, as much as 10 percent per decade, from age 30 on up.

Good, brisk exercise is what we need, for heart endurance, flexibility and strength, performed daily. Without it, we slowly degenerate; walking is an excellent exercise; watching TV, knitting, reading - are not. The best treatment for osteoporosis is calcium daily and exercise. Exercise is more important than food. Only one third of Canadians exercise enough to maintain health.

Small wonder our Health Care costs are so high! So let us 'shape up' before we 'ship out' - too early!

Following a catered lunch (and brisk walks for some!), Program Planning was brought to us by Teresa Vasquez, A.C.A., S.O.A.P., ideas useful for those who plan programs and are trying to get a group to hang together and enjoy it.

Fitting in well with this, Pauline Hahn, A.C.A., S.O.A.P., continued into Planning Effective Meetings, with plenty of good ideas on how to get the most out of being a group, doing things and enjoying them. Working together, with courtesy and respect for all, majority rules but minority has a right to be heard, and listened to with respect, welcoming newcomers, and using parliamentary procedures, are other good rules to follow, these two speakers agreed.

A few words from Region 2 A.C.A. Chairman, Bob Pattison included greetings to all, and an invitation to attend the meeting at Glendon, November 16, 1993.

A tour through the new Seniors Centre showed it to be a modern, classy place, with space and good lighting. Areas for crafts, pool, cards and office space surround the central large area, where meetings and entertainment are held.

In the main hall (no stage) a piano stands, and we found a member to be a wonderful player of the good old tunes, so a lively and thoroughly enjoyable sing-along ensued in the evening, after our supper and tour.

Thanks, Fort McMurray Seniors Activity Centre, for the good information and the wonderful hospitality!

Business Directory

DR. ALEX STEWART "Chiropractor"

Thursdays
9:00 a.m. - 12:00 Noon
1:00 p.m. - 4:30 p.m.
5022 - 49 Avenue
(Next door to Capitol Drugs)
Phone 724-3677 Elk Point
Phone 853-6500 Vermilion

Pies! Pies! Pies!

Just a reminder that the Elk Point Library is having their Annual Pie Sale on Friday, October 8. It will be held at the Elk Point Co-op between the hours of 12:00 noon and 3:00 p.m., or for as long as the pies last. If you wish to make a pie or two for this fundraising event, you can pick up an empty pie plate at the library. We appreciate all the help you can offer. For further details of this sale, please call Diane at 724-3737.

We are still looking for town residents for the position of library trustees. If you are interested or know someone who is, just write a letter to the Town of Elk Point stating that you would like to be on the Library Board. For further information concerning this matter, just phone Diane Fraess at 724-3737.

The Firends of the Library will be having a meeting on Tuesday, October 21 starting at 7:00 p.m. at the Elk Point Library. We need all the support of the Friends of the Library's members. Looking forward to seeing you!

One of our many services to our patrons is the following selection of magazines for your reading pleasure: Alberta Report, The Beaver, Better Homes and Gardens, Canadian Business, Canadian Living, Canadian Consumer, Chatelaine, Compute, Consumer Report, Crafts, Canadian House and Home,

Canadian Geographic, Equinox, Good Housekeeping, Glamour, Good Times, Harrowsmith, Life, Law Now, Macleans, Newsweek, Country Woman, National Geographic, Parents, Seventeen, Select Homes, and many back issues of magazines donated to us by our thoughtful patrons, such as Cars, Golf Digest, etc. We also subscribe to papers...Silver Trumpet and the Elk Point Review.

Come in and enjoy our wide range of resources and a few good books besides. We also have adopt-a-magazine program. Just come in and tell us what magazine you wish to order and make a donation of the price of the subscription.

New Books

For Mrs. Pollifax's fans we have *Mrs. Pollifax and the Second Thief*. Mrs. Pollifax finds herself in Sicily, dodging assassins' bullets in another fast-paced, suspenseful ad-

venture.

In the *Fountain of Age*, author Betty Friedan changes forever the way men and women think about ourselves as we grow older and the way society thinks about aging.

In *The Enemy Hands* by Daniel Dancocks is about true life stories of prisoners of war and their incredible will to live under degrading and depressing situations.

Church Services

Elk Point Baptist Church

10:00 a.m. - Sunday School; 11:00 a.m. - Worship Service; Evening Services - Alternately held at the Heritage Lodge & Hospital; Tuesday, 10:00 a.m. - Ladies Bible Study (Child Care Provided).

United Church of Canada Elk Point

Church Office Hours
Tuesday - 9 a.m. to 12 noon
Wednesday - 9 a.m. to 12 noon
Saturday - 9 a.m. to 12 noon
Worship Services
Sunday - 10:00 a.m. Church Service;
10:00 a.m. Sunday School.

Bible Fellowship Church Clandonald

Services held every
Sunday at 11:00 a.m.

St. Michael's Catholic Church

Sunday Mass, 12:00 p.m.

Bethel Lutheran Church of Lea Park

Sunday Worship Services, 10:00 a.m.

St. Vladmirs' Ukrainian Orthodox Church (Elk Point)

For Service times, call 645-5156
St. Paul or 724-4351, Elk Point.

COMMUNITY NEWSLINE

Al-Anon Family Group Meeting Room 605, Elk Point Municipal Hospital, Wednesday evening at 8:30 p.m.

Alcoholics Anonymous meeting, Wednesday at 8:30 p.m., Room 604, Elk Point Hospital.

T.O.P.S. meets every Wednesday, 6 p.m. - 7 p.m., Old Courthouse, west door, Elk Point.

"Welcome Package" available for newcomers moving into the town of Elk Point. If you would like to receive a package, please call Elk Point Community Services at 724-3800.

Recycle Your Paper - Paper trailer is located at the Universal Bottle Depot - 5214 Railway Avenue. We take newspapers, flyers, computer and bond paper. No cardboard boxes milk or egg cartons, phone books or glossy magazines. Please sort and bundle with string or put in cardboard boxes.

Elk Point Public Library - Mon. 2 p.m. to 5 p.m.; Tues. 10 a.m. to 1 p.m. and 2 p.m. to 5 p.m.; Wed. 2 p.m. to 5 p.m. and 7 p.m. to 9 p.m.; Thurs. 10 a.m. - 1 p.m. and 2 p.m. - 5 p.m.; Fri. 10 a.m. to 5 p.m.; Storytime: Fri. at 10:30 a.m. Photocopies. Extended library services and reliable information sources. Public meeting space available to non-profit organizations at no charge. Please call the Elk Point Library for booking at 724-3737.

The Elk Point Legion now meets on the 2nd Tues. of each month at 7:30 p.m. in the Seniors' Centre.

Elk Point Auto Club - meets at the Empress Restaurant, Elk Point, the 2nd Wednesday of each month. More information call: Ed Smith at 724-2527.

Elk Point Olettes regular meeting is the first Thursday of the month. For more information, call Fay at 724-2036.

Farmer's Market and Garage Sale - New and old, Fridays 12 noon - 4 p.m. in the Peter Fidler Centre, 51 St. and 49 Ave., Elk Point. Tables are \$5. To book a table call Lois 724-3823 or Sharon 724-3803.

The Elk Point Support Group - meets on the 1st and 3rd Mon. of the month at 7:30 p.m. in the Elk Point Municipal Hospital, Rm. 604. More info: 724-2203 or 724-2380.

La Leche League meets every second Thursday of the month in the North Eastern Health Unit at 7:00 p.m. Contact 724-4491.

U.C.W. Rummage Store - Next door to the United Church, Open Fridays, September 10, and 24; October 8 and 22 from 10:00 to 2:00 For more information call 724-2269.

OORP CRAFTS & MORE - Saturday, November 27, Elk Point Elks Hall 1 - 5 p.m. For tables call Marie 724-3626 or Rose 724-3684. Everyone welcome.

PTA date changed

This month's meeting of the F.G. Miller Parent Teacher Association has been changed from Wednesday, October 13 to Wednesday, October 20. The change from the regular week is for this month only.

Guest speaker at the meeting will be Merrill Clark.

Watch next week's issue for an update on the meeting's agenda.

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Feature Subject to Change Without Notice

LAST 3 DAYS

Tues., Wed., Thurs., Oct 5, 6, 7

FREE WILLY

HOW FAR WOULD YOU GO FOR A FRIEND?

Rate: General
Showtimes: 7:00 nightly

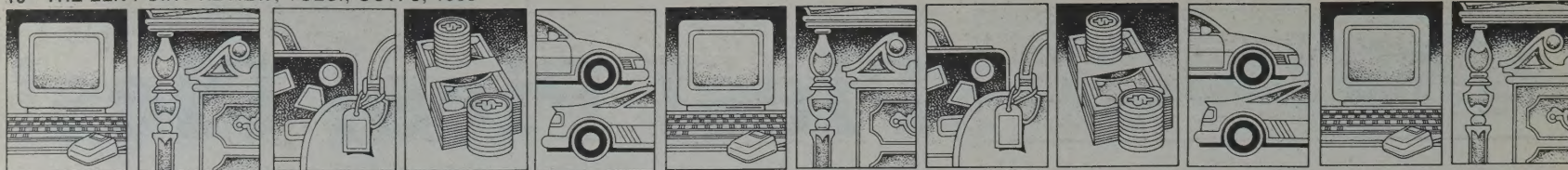
THE REAL McCOY

Rated: Parental Guidance, Violent Scenes
Showtimes: 9:15 p.m. nightly

STARTS FRIDAY October 8 - 14

HARRISON FORD IS THE FUGITIVE

Rated: Parental Guidance
Showtimes: 7:00 & 9:30 p.m. nightly



LAKELAND MARKETPLACE • LAKELAND MARKETPLACE • LAKELAND MARKETPLACE • LAKELAND MARKETPLACE

Classified Index

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2 Autos	15 Machinery
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5 Commercial Real Estate	18 Personal
6 Employment Opportunity	19 Pets
7 Entertainment / Events	20 Real Estate
8 Feeds & Seeds	21 Recreational
9 For Rent	22 Services
10 For Sale	23 Tenders
11 Found	24 Travel
12 Garage Sales	25 Wanted
13 Livestock	100 Display Ads

2 AUTOS

FOR SALE: 1984 Chev Celebrity wagon. Air, cruise, AM/FM cassette, new rubber, new brakes. 30 mpg, very clean. Call 645-6020 evenings.

HUNTERS AND FARMERS SPECIAL 1985 Chev 3/4 ton 4x4, 350 auto, 88,000 km. Very good condition, excellent rubber and running condition \$4,975. 645-1830.

1990 FORD ECONOLINE extended van, insulated, shelves, running boards. Like new. Phone evenings 645-5219.

FOR SALE: White 1983 Royale 88, 2 dr, sunroof, loaded, good condition \$2900 o.b.o. Call 724-2920.

MOVING MUST SELL 1986 Chev Nova. 4 cyl., auto, (40 mpg) 4 dr. hatchback, good condition. \$2300 o.b.o. 724-2690.

2 AUTOS

1991 S10 TAHOE extended cab, red, standard V-6, 4.3, 15" rubber, canopy, fully loaded except for p.w. and p.d.l. 75,000 km and warranty. 726-2609 evenings.

1990 NISSON STANZA 4-door sport sedan. Auto, with overdrive, loaded except air, dark metallic grey exterior, complete paint protection, undercoated and scotch guarded. Excellent condition \$10,800 o.b.o. 724-4333.

NEW 1993 FORD F350 Crew Cab, Dually, XLT, A/C, Cass, PL, PW, 460, 5sp, 4.10, t.tow, tilt, cruise, stripes, full boards, chrome rims, 10" bumper, etc. \$30,430 - Clearance \$25,947. CSL Ford, Cardston 653-3346. 4-1-41

**Classified Deadline
Friday Noon**

2 AUTOS

1990 CHEVROLET TRACKER 4X4, red, Pioneer stereo, chrome wheels, radial tires, sunroof, bra, tow bar for behind motorhome. Phone 742-2260 days, 742-3182 evenings. Excellent condition. 4-1-41

4 BUSINESS OPPORTUNITY

DECORATING DEN, FASTEST growing interior decorating franchise is expanding to your area. Proven business plan with training, support and advertising. Call 251-0986. 7-1-41

FANTASIA OFFERS YOU a lucrative career selling sensual products and lingerie through home parties. No investment for stock. Car required. 1-800-661-1878. 7-1-41

CANADA'S LARGEST CALENDAR and business gift company needs self-starters selling to local businesses. Up to 65% of G.M. Small, refundable investment required. O'Donnell-DRG, 487-16 Westney South, Ajax, Ont. L1S 6W8. (905)427-8520. 7-1-41

12% RETURN. PURCHASE a tangible, registered asset with a return of 10% to 12%/annum paid quarterly on a lease back. Consider security of ownership, tax benefits. 466-2882. 7-1-41

LADIES WEAR STORE for sale. Established, profitable, business since 1965, in larger town southwest of Edmonton. Owners retiring. Phone 438-2724. 7-1-41

ESTABLISHED YEAR-ROUND BUSINESS in beautiful Sylvan Lake. Excellent opportunity for computer literate or technically oriented. Interest in computer sales, training, service. Training provided (403)341-0753. 7-1-41

HAVE FUN MAKING money! Investment of \$400-\$1,000. Become part of the latest trend in home marketing. Exclusive line of Jeans, men's, ladies, children's. Make 25-30% of your sales. Lapointe Distributors Ltd. 1(604)756-0413. (Kathleen). 7-1-41

6 EMPLOYMENT OPPORTUNITY

\$16.20 PER HOUR. Assemble electronic circuit boards from your home. Easy! No Selling. No experience necessary. For FREE information send SASE: Homeworkers Network of Canada, 6021 Yonge St., Suite 1012, Dept. M14, Toronto, Ontario M2M 3W2.

IF YOU HAVE TRAINING at GM Dealerships in sales, parts or service and would like re-locating at Peace River or High Level, we pay well. Example: GM Trained Technicians \$19.25/hr. Call Marshall, Terry or Denis at 624-3681.

YEAR ROUND JOB with accommodation on hatching egg farm. Should have poultry experience and would prefer a couple - both to work. Phone 636-3972; fax 636-3793.

NEEDED - Drywallers for additions on Elk Point Hospital. Phone 403-466-4111 and ask for Marcel.

TWO MECHANICS FOR large John Deere shop in Alberta. Must have at least 3 years experience and able to work unassisted on engines and transmissions. Top wages. Moving allowance. Call Manager 403-675-2256. 13-1-41

6 EMPLOYMENT OPPORTUNITY

WANTED: RELIABLE AND experienced mechanic for permanent position on large grain and feedlot operation. Position available after Oct.01, 1993. Heavy and light mechanic experience is a must. Experience in welding and fabrication is also required. Phone 934-5099, ask for Barry (Fax 934-4764). References and interview required. 13-1-41

SUNSHINE VILLAGE SKI Resort, Banff, Alberta, requires enthusiastic individuals, committed to service excellence, for various seasonal positions. Box 1510, Banff, AB, T0L 0M0, Fax (403) 762-6513. 13-1-41

ELECTRICIAN WANTED: FOR maintenance and small installations; Must have residential, agriculture and commercial knowledge; Located south of Calgary; Established company for 22 years; Apply: Quigley Electric, Box 580, Okotoks, AB, T0L 1T0 13-1-41

SELF-MOTIVATED, HONEST Sales Rep and/or Manager required immediately. Mail resume to CSL Ford, Box 820, Cardston, Alberta. T0K 0K0. 13-1-41

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TAGS

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REGISTERED NURSES! Develop expertise in Mental Health Nursing through distance education. Contact Post Basic Mental Health Nursing Program, Mount Royal College, 4825 Richard Road S.W., Calgary, T3E 6K6, 240-6075. 8-1-41

LEARN TO EARN preparing tax returns with Cantax. Certificate courses by self-study. Free brochure. Call 1-800-563-EARN; Fax (204)254-6172; Write: Jacks Institute, 902-167 Lombard Avenue, Winnipeg, Manitoba, R3B-0W1. 8-1-41

CERTIFICATE COURSES. INCOME tax or bookkeeping courses by correspondence. Free brochures. No obligations. U & R Tax Services Ltd. 1345 Pembina Highway, Winnipeg Manitoba, R3T 2B6, 1-800-665-5144 8-1-41

6 EMPLOYMENT OPPORTUNITY

TRAIN TO BE A CRM - Certified Apartment Manager. Work in B.C. or Alberta. Over 2,000 graduates now working. Government licensed home-study course R.M.T.I., 1-800-665-8339. 8-4-44

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EXCELLENT READING SKILLS provide more opportunities; better paying jobs; satisfying careers. Power Reading: An Eight Step Video Course. Free introductory video. Call now. 1-800-361-1222. 8-1-41

7 ENTERTAINMENT EVENTS

WILD ROSE & ANTIQUE Collectors present the 11th annual Londonderry Antique Sale. A mall full of antiques 7 collectibles from members of western Canada's largest antique club. Fri. Oct. 15 & Sat. Oct. 16. Londonderry Mall. 66 St. & 137 Ave. Edmonton. 10-1-41

MARRIAGE ENCOUNTER WEEK-END: United expression, enrich your good marriage. November 5 to November 7, 1993 at Devon Alberta. April 29 to May 1, 1994 at Red Deer. Call Norm and Debbie 227-3448 evenings. 10-1-41

PRIMROSE

(Versatile Band)
Now available for the
Christmas Season
Ph. 724-2772 or 724-4170

8 FEEDS AND SEEDS

HAY FOR SALE: 400 ROUND BALES of grass/alfalfa. Elk Point area. Phone 645-0151.

FEED FOR SALE: Round mixed hay bales. Round Barley green feed bales. Phone 645-4293 after 5 p.m.

FOR SALE: Large round hay bales, good quality. Phone 645-2593 after six or 645-3807.

FOR SALE: Large round Alfalfa/Timothy hay bales. Phone 636-2892 after 6 p.m. (Vilna)

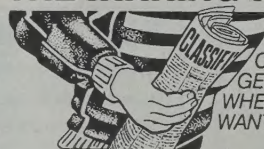
FOR SALE: Alfalfa/Brome mixed hay bales. 1400 lbs at \$30/bale. Also large oat greenfeed bales. \$23/bale. Phone 636-3664.

FOR SALE: Square Alfalfa and brome hay bales. Phone Don after 8 pm 657-2062.

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Classified Ad Rates

St. Paul Journal / Two Hills County Journal

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Elk Point Review

Tuesdays - \$3.00 per week + G.S.T.

Grand Centre Sun

Tuesdays - \$3.00 per week + G.S.T.

Bonnyville Nouvelle

Tuesdays - \$3.00 per week + G.S.T.

Combination of all Papers - \$12.00 Week

(20 cents per word per newspaper insert over 25 words)

Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake, before the next insertion is printed. **The publisher will not be responsible for errors in classified ads that have been phoned.**

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Elk Point Review - 724-4087

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9 FOR RENT

FOR SALE: Large round bales of Alfalfa and Wheat grass. (no rain) Phone before 9 p.m. 645-5133.

9 FOR RENT

HILLVIEW APARTMENTS in Elk Point, Building A. Apartments for rent, 1, 2 and 3 bedrooms. Clean building. Phone 724-2139; 826-2250.

IN ELK POINT, 2 and 3 bedroom apartments for rent. Very clean building. Handy to school. Phone 724-2065; 826-2250.

1 BEDROOM SUITE, fully furnished, fully carpeted, smoke detector, Free cable TV. Available immediately. Phone hook-up available. All utilities Free except phone. 724-3990 after 6:00 p.m.

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PRIME RETAIL SPACE for lease. Mainstreet, downtown core, Wetaskiwin, Alberta. Approximately 2000 square feet. Fixtures for clothing store for sale. Phone Brenda 387-4257 after hours. 18-1-41

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FOR SALE: 130 round bales of hay, no rain, good condition. 14x70 mobile home with deck and outside air conditioning. 300 gallon fuel tank and stand. 847-2194.

FOR SALE: In Glendon 2 bedroom house on large treed lot. Phone 635-3093.

FOR SALE IN ELK POINT 2 older, smaller 2 bedroom houses. Ideal for 1-2 people. Phone 724-3823.

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8th EDITION GOVERNMENT CASH grants listing provincial/federal grants. Businesses, farmers, students, seniors. \$32.99 cheque, credit card, C.O.D. Oakdale Publishing, #200, 4505-101 St. Edmonton, T6E 5C6 (403) 434-4444. 19-3-43

MILDRED'S COLLECTIBLES AND ANTIQUE Furniture. Knowledgeable staff. Great selection. 5000 square feet of antique furniture. Authorized dealers of major figurines eg: Royal Doulton. Phone orders 438-0368. We ship. Visa, M/C. 6814 - 104 Street, Edmonton. 19-3-43

MASTER CRAFT BUILDING serving Western Canada will not be undersold. Shops, barns, arenas, commercial cladding, trim, fasteners, etc. Why pay more. 1-800-432-1836 Calgary (403)269-4117. 19-1-41

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ELECTROLUX CANADA 1993 Models \$549+ GST, while quantities last. Also available, deluxe built-in vacs at \$649+ GST with trade. Complete 5 yr warranty included. Phone 1-403-274-9053. 19-1-41

13 LIVESTOCK

FOR SALE: Registered Apaloosa stud, 2 yrs old, roan with white blanket. Phone 636-2851.

20 REGISTERED RED ANGUS females for sale. Sienna Red Angus, 592-2340, Innisfree.

FOR SALE: Complete dispersal of 25 cows. Phone 632-7547.

13 LIVESTOCK

BLUEPRINT FOR PERFORMANCE Sales sale, October 23, 1993, 1:00PM, Edgerton, Ab. Breds, opens, bulls, 4-H steers. Call Eastgate Sales, Bob, 403-755-2245, Fred 403-755-2159, Heiberg Farms, Lyle, 403-662-2538 26-2-42

BLACK & RED ANGUS female production sale at Bar V Farms, Oct. 16, 1993. 4 1/4 miles south of Bruderheim. For info. phone 998-0057, 998-3807, 998-2836. 26-1-41

SELLING 26 PUREBRED polled Charolais females. Bred to Polled bulls. Contact P Bar 3 Ranch, Medicine Hat, Alberta 403-527-0208. 26-1-41

LIVESTOCK FOR SALE — Moving to town. Excellent Holstein Heifers (Bred Polled Herefords). 2 open and 5 quiet milk cows. Would like family home for them. Assorted milking equipment, vac. pump, etc. 724-3308 - 7:00 p.m. to 11:00 p.m.

OSTRICH AND EMU available. African Blacks, Reds, Blues, Imports and domestics. Proven breeder pairs. 2 yr olds, yearlings, chicks, imports. DNA record, Vet checked, quality birds. New birds available monthly. Canadian Ostrich Marketing Ltd. (703)249-9155, Fax (403) 249-9101. 26-2-42

15 MACHINERY

1976 C60 GMC 427 engine 5-2 trans., deck, hoist, 24 ft. tandem dual trailer. Excellent condition, CERT. Phone after 6 pm 657-3500.

1977 LOADSTAR 1800 International truck MT650 Allison automatic 5-speed, 18'x81/2'x48" Renn box and hoist, 3 piece end-gate; 446 gas engine \$9,500.+GST. Phone Will, 1-533-2332. 21-1-41

8' SILO PRESS XPIII silage bagger. 2 NH No.8 silage wagons, 260 MF forage harvester, 320 NH square baler, 1049 NH self-propelled bale wagon. Phone 584-2308 or 584-2494. 16-1-41

FOR SALE: 8900 White Combine, 1200 hrs. phone 403-645-5374. 16-1-41

16 MISCELLANEOUS

FOR SALE: Oriental pattern rugs, various sizes. Phone 645-3116.

HOST AN EXCHANGE STUDENT: 15-18 yrs. Boys or girls from Sweden, France, Germany, Spain, Finland, Mexico, Denmark, French Canada, Japan. An enriching international experience. Call Ray or Carol, 724-3954 or toll-free 1-800-361-3214.

INSTANT RANCHER RAFFLE 50 bred heifers; 4 cash prizes. License #R101222. 2500 tickets. \$50./ticket. Draw Dec.31/93. E.I.A.G. Society, Box 1092, Brooks, AB., T1R 1B9, 362-4513. 1-1-41

POETRY CONTEST \$12,000. in prizes. Possible publication. Send one original poem 20 lines of less to: National Library of Poetry, Box 704-ND, Owings Mills Md. 21117. 30-1-41

17 NOTICES

NOTICE — Let it be noted that Diane Wolanuk, address Elk Point, will now be known by her maiden name, Diane Watson. Effective immediately.

18 PERSONAL

HOW DO DRUGS destroy your ability to control life? Buy purification: An illustrated answer to drugs by L. Ron Hubbard. \$20. 10187 - 112 Street, Edmonton. 34-1-41

19 PETS

PUREBRED 5 MONTH OLD female Husky to give away to country home. Comes with insulated dog house and accessories, dewormed and has first shots, housetrained and good with children, needs room to run. 724-2659.

GREYDAWN KENNEL offers you pet boarding and grooming services. Pick-up & delivery for your convenience.

Bouvier Des Flandres Puppies due Oct. 12, 1993, out of champion parents. Kerry Blue Terrier Puppies due Nov. 16/93, out of superior bloodlines from the U.S.A. & Eng.

ROBERTA 1-403-724-2423 LEAVE MESSAGE.

REGISTERED ALASKAN MALAMUTE puppies for sale. Contact Bell Rock Kennels, (403)872-2458 for further information. 35-2-42

20 REAL ESTATE

1/4 SECTION, 100 ACRES CLEARED, small newer home. 6 miles south, 6 miles east of Elk Point. Call 724-2504.

FOR SALE on S.E. Muriel Lake lot and 23' Travel Trailer. For more information phone 724-3021 after 6:00 p.m.

WHY RENT? For \$4,900. down, you can own this 1,100 sq. ft., 3 bedroom bungalow with double attached garage, basement is developed with two bedrooms, family room, 3-pce. bath and laundry room. Only \$79,900., mortgage \$75,000., 2-year term closed at 6.75% OAC. Call Mel at 724-3883.

GOT A CAMPGROUND membership or timeshare? We'll take it! America's largest resale clearinghouse. Call Resort Sales International 1-800-423-5967 (24 hours). 36-1-41

DAIRY FARM FOR SALE: 58 stall cow barn, double 4 herringbone parlour, hay sheds, 2 residences on quarter section in Fort Assiniboine area. Phone 584-2308 or 584-2494. 36-1-41

MOBILE/MODULAR HOMES Factory direct. "Custom Built" Top dollar for trades. Many used units available. Noble Homes (403) 447-3414, 28-4-44

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WE HAVE an excellent selection of reconditioned used homes. Many with new carpets and wall panels. Free delivery, most areas. Commonwealth Homes, Red Deer. 346-3100.28-4-44

JANDEL HOMES - EDMONTON'S largest show home sale. Savings of \$5,000. on select models. 16' wide, Double Wides & Modular homes. Down payments as low as 5% O.A.C. 1-800-463-0084, 478-1404 Edmonton.28-2-42

FALL INVENTORY CLEARANCE from \$34,900. on 16' wides. Includes fridge, stove and more. 5% down OAC. E & E Homes, Spruce Grove. 962-6404. 28-2-42

21 RECREATIONAL

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22 SERVICES

WARNING, CANADIAN CRIMINAL record affects peace of mind, travel, employment opportunities and legal entry to United States. For Canadian pardon/U.S. waiver assistance phone 403-229-1200. 40-4-44

25 WANTED

WANTED: Newer 14' or 16' mobile homes in good condition. Phone 645-2209.

WANTED
Good Heavy Feed Oats
724-3790

A CLEAN ENVIRONMENT and money in your pocket. General Scrap pays top cash for copper, brass, batteries, steel, aluminium, etc. 453-7000. 11915 - 156 St., Edmonton. Batteries \$1. 45-2-43

IN THE SURROGATE COURT OF ALBERTA JUDICIAL DISTRICT OF VEGREVILLE
IN THE ESTATE OF PETE FALEND, ALSO KNOWN AS PETER FALEND, LATE OF THE TOWN OF ELK POINT, IN THE PROVINCE OF ALBERTA, DECEASED, WHO DIED ON OR ABOUT THE 10TH DAY OF JULY, A.D., 1993.

NOTICE TO CREDITORS & CLAIMANTS

TAKE NOTICE that all persons having claims upon the Estate of the above mentioned person must file with the undersigned by the 15th day of November, A.D., 1993, a full statement of their claims and of securities held by them.

Richard R. Holeyton
Professional Corporation
Box 3129
ST. PAUL, AB., T0A 3A0
Solicitor for the
Executor

**INSTRUCTORS
ACADEMIC UPGRADING**

Lakeland College requires two instructors at the St. Paul Community Learning Centre. These project full-time appointments commence October 25, 1993, and end June 30, 1994. The successful candidates will have a minimum of a Bachelor of Education Degree. Teaching experience in an adult setting is preferred. Lifeskills training is an asset.

COMPETITION NUMBER: 94-28000-005. Responsibilities will be to instruct adult students with emphasis on the areas of English, Social Studies and Lifeskills.

COMPETITION NUMBER: 94-28000-006. Responsibilities will be to instruct adult students with emphasis on the areas of Mathematics, Science and Lifeskills.

SALARY RANGE: \$2,667 to \$4,861 per month.

We offer a comprehensive benefits package.

THESE APPOINTMENTS ARE CONTINGENT UPON
BUDGET APPROVAL
COMPETITIONS CLOSE OCTOBER 12, 1993.

WHEN APPLYING, PLEASE QUOTE COMPETITION NUMBER AND SEND CURRENT RESUME, COPIES OF TRANSCRIPTS AND THE NAMES OF THREE REFERENCES TO:

Human Resources
Lakeland College
Bag 5100
Vermilion, Alberta
T0B 4M0

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little more
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**INVITATION
TO TENDER**

The M.D. of St. Paul Foundation, Elk Point, Alta. Sealed tenders for the construction of parking lot at Buckingham House/6 stalls and Fort George Manor/4 Stalls will be received by the M.D. of St. Paul Foundation until 4:00 p.m. local time October 19, 1993. Project description 5327 - 52 Ave; 5210 - 49 Ave. Plans and specifications may be obtained from the office of Buckingham House at 5327 - 52 Ave. Elk Point, AB on Tuesdays or Wednesdays. The owners reserve the right to reject any or all tenders. The lowest or any tender will not necessarily be accepted.

If further information is required, please contact Annette Gregoraschuk, Manager, on Tuesday or Wednesday at 724-3180 or any other day at 724-3623.

**This Space
for Rent**
Call 724-4087

Counselling Services opens facility

(Continued from Front Page)

was not responsible for the developments. "What you see is the work of the people here, people with vision and the elders, not Medical Services." He said that in 1979, there was "not much of health services here" besides a small office and a visiting nurse. "Through community efforts and planning, they have an expanded health care centre, the aftercare facility and now, all of a sudden, this new Counselling Services facility. I congratulate the community on putting things together. I hope it works well for you."

Band Councillor Karen Abraham said that there had been some form of counselling services back as far as 1972, when she remembered a counsellor visiting her family. Since then, "they have helped a lot of people go down the right trail. Counselling Services has earned this new facility." She expressed thanks to those who had assisted with obtaining the funding and helped in other ways to make the facility a reality. Special thanks went to Medical Services' Normie Trottier, for her valuable assistance in promoting a drug free lifestyle in the community. Counselling Services head Merna Moyah added her thanks to Ms Trottier, with whom she has worked extensively over the years, and said "together, with honor we must meet sobriety, one day at a time."

Ms Trottier thanked Portfolio Holder Karen Abraham with her assistance in development of the facility, which "was a long time coming. It's so nice to know that Merna and her staff can call this home. It has been really good to work with the staff, and I've learned a lot from this community." Ms Trottier will be leaving Frog Lake in the near future to work at the Nechi Centre.

Thanks to the Chief, Band Council and community were expressed by Ms Moyah who feels this is just a beginning. "For all the dreams and hopes we have, everything is possible." She extended thanks to Lois Loyer, who worked with her for several years at a time when the program had one full time worker, a little office and a budget one tenth of the present. Ms Loyer was able to help her negotiate for more staff and training as well as an expanded facility. "Thank you for your belief and encouragement." Ms Loyer had earlier expressed appreciation of Ms Moyah's hard work and vision.

Band Councillor Roland Quinney told a thought pro-

voking tale. In his recent visits to powwows and cultural events across the USA, he heard a lot of discussion about the drug and alcohol problems on the various reserves. "Most of the stories were much the same... about lives shortened by drugs, alcohol, car accidents and suicides." He told these people about the 80 to 85 percent sobriety in Frog Lake, but does not feel they really believed him until a group of Americans came to a recent gathering, and saw the situation for

themselves. "They were really impressed." He thanked the elders "who have never quit talking to us, and who give us strength," the people with sweat lodges, for their support of the young people of the community, and all those who have lived with sobriety for so many years." Fellow Councillor Suzanne Quinney added her support for Merna Moyah. "I've known her a long time and have adopted her as a sister. I will support her every way I can."

The ribbon cutting cere-

mony was performed by William Singer.

The official opening was the beginning of a weekend of activities at Frog Lake, which included an Alcoholics

Anonymous roundup, a feast, pipe ceremony and round dance on Friday evening, a sweat lodge, guest speakers, presentations and a dance on Saturday.

Ed Wieclaw

Your Liberal Candidate for Vegreville

A Liberal Government will give Canada the kind of open, responsive and responsible leadership this country needs and deserves.



ED is known for his integrity, his ability to listen, and his commitment to people.

EXPERIENCED

- * Past president Vegreville Constituency Association
- * Over 15 years Municipal Government Administration
- * Over 10 years Corporate and Private Business Management

INVOLVED

- * Over 25 years of active community involvement
- * Ed's decision to enter politics comes from his interest in community and national issues, and his desire to help serve and assist people.

CONCERNED

- * Our Goal must be to Reduce the Deficit in a manner that is compatible with putting Canadians back to work.
- * Our Nation's health care system is a source of pride to Canadians. It is a defining characteristic of our country. Defending the Canada Health Act is a fundamental Liberal policy.



Campaign Office
632-7572

4902-50 St., Vegreville, AB., T9C 1R1

875-0075

4923-49 Ave., Lloydminster, AB., S9V 0T6

Authorized by Chester Novakowski, Official Agent



HONORARY CHIEF - Leo Sasakamoose of Medical Services was named Honorary Chief of the Frog Lake First Nations during Friday's ceremonies, and was given a Cree name meaning 'The Morning Sun.' From left to right are MC Raymond Quinney, Sasakamoose, Chief Thomas Abraham and elder Jim Kanipitehew.

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